



Al-Anon Family Groups

Orange County Intergroup
12391 Lewis, Suite 102
Garden Grove, CA 92840

Intergroup Meeting Agenda - February 17, 2016

SPECIAL SERVICE BOARD ROUND ROBIN W/ POTLUCK & SERVICE BOARD NOMINATIONS

ANNOUNCEMENTS

PROGRAM AGENDA

SPEAKERS ON :

WHAT IS A ROUND ROBIN & HOW CAN MY MEETING BENEFIT?

HOW CAN I BE OF SERVICE TO THE INTERGROUP BY BEING PART OF THE SERVICE BOARD? BOARD MEMBERS SHARE THEIR EXPERIENCE STRENGTH & HOPE

HOW DOES MY PERSONAL SERVICE EXPERIENCE HELP ME GROW?

8:00 - CIANNA BEGINS TO GO OVER NOMINATION PROCEDURES AND WHO IS ELIGIBLE TO RUN FOR THE BOARD. Then pole the various districts for candidates The nominated members will then need to fill out a resume of experience.

8:30 - Various Board Member Reports

Secretary : Mary Lou L.

- Review and Approve Minutes of the last Intergroup Meeting December 2015
- Review business of previous Service Board Meeting Nov 2015

Treasurer :

- **7th Tradition**

Office Coordinator : Julia T

Ask it Can Questions

Announce winner of 50/50 raffle

- Motion to Close
- Serenity Prayer - Help Clean Up

Financial Report For January 2016

Fiscal Year July 1, 2015 - June 30, 2016

INCOME	DECEMBER	JANUARY	YEAR to DATE	PRIOR YEAR TO DATE
			Current	JAN 2015
Literature	6,194.70	7,512.75	52,218.17	57,152.78
Sales Tax	495.60	601.05	4,177.46	4,570.25
Contributions	3,688.65	5,823.44	36,363.74	38,824.86
Orange Blossom	72.00	60.00	525.25	590.31
Interest MIQ	15.94	3.86	38.85	26.74
fundraising	6,198.70	-	7,337.70	8,572.52
Miscellaneous	656.97	70.19	773.66	367.48
Total Income	17,322.56	# 14,071.29	101,434.83	110,104.94
EXPENSES				
Payroll	4,011.72	2,769.03	24,335.71	25,185.34
Health Ins.	410.5	300.00	2,052.75	1,675.50
Office Expenses	35.62	-	816.75	1,237.53
Phone/Internet MIQ	118.88	116.14	807.56	782.97
Literature (Purchased)	3,230.93	5,772.90	33,065.02	35,166.86
Literature (Use)	0	-	778.42	125.55
Directory	1,300.00	-	1,500.00	2,700.80
Rent	1,520.59	1,520.59	10,422.68	10,858.58
Orange Blossom	175	168.00	1,748.00	2,360.00
Service Brd Exp	0	-	1,064.00	300.00
Sales Tax	0	1,520.00	5,065.00	5,781.00
Payroll Taxes MIQ	1,589.38	975.02	4,113.71	4,497.35
Miscellaneous	318.31	451.96	3,160.17	1,453.65
TOTAL EXPENSES	12,710.93	# 13,593.64	88,929.77	92,125.13
CASH FLOW	4,611.63	# 477.65	\$ 12,505.06	\$ 17,979.81

MONTHEND SUMMARY

			P / (L)
Office COH	100.00	100.00	
Service Board COH	50.00	50.00	
Checking	78,414.06	78,887.64	
Money Market	45,457.96	45,461.82	
CD	41,275.36	41,275.36	
TOTALS	165,297.38	# 165,774.82	-

*misc- 3 bounce checks + bank changes

**Charitable Trusts

***Bus.Tax

****Lit used reimbursement

What is a Round Robin?

A Round Robin is usually a panel that has a topic for discussion at an Al-Anon event or fundraiser for supporting a local Central Office or an Al-Anon committee of a Convention. The wording "Round Robin" is being phased out in the Service Manual; the Admissions and Handbook Committee has voted that this term is outdated. The 7th Tradition collection may be shared as the "exchange" decides, per group conscience vote. (from scws-al-anon) http://www.scws-al-anon.org/blog/index.php/please_describe_what_a_round_robin_is_an?blog=9

The purpose of a Round Robin is to allow members of various groups to come together and share their experience, strength and hope. A Round Robin meeting provides an opportunity for growth and fellowship within the Orange County Al-Anon groups. The 7th Tradition donation helps to support Central Office. Round Robins are a good way to get new people interested in your meetings. The Orange County AFG Service Board recommends that each meeting have a Round Robin every 90 days to keep the meeting healthy and the Central Office financially sound.

A simple way to think of round robin is that it is about "taking turns." Each person has the opportunity to speak in turn. The format allows the greatest number of persons an opportunity to share.

Ideas for a Round-Robin Event

- A speaker is invited to talk on a specified topic; each person has an opportunity to share on that topic.
- The leader begins the discussion by asking a question that each answers in turn.
- The leader gives each person a card or slip of paper with an Al-Anon phrase or topic which they are asked to read and share their experience, strength and hope.

How to Hold a Round Robin

1. Determine a goal of the number and time/date of Round Robins your group would like to have in a year.
2. Schedule those dates on your group's calendar.
3. Choose a theme and determine whether each will be a potluck, etc.
4. Assemble committees/individuals to enlist speaker(s), manage publicity (flyers and Orange Blossom submission), food, decorations, giveaways, etc.
5. Circulate flyers for the event at other meetings. Ask group members to share the information at other meetings they attend.
6. Notify the *Orange Blossom* (editor@orangecountyalanon.org) about the Round Robin at least two months prior, providing an ad that can be published.
7. Enjoy the experience, strength, and hope of new members.
8. Send the 7th Tradition donation to the Central Office. Need address here.

Questions: Contact the Round Robin Service Board Chair at round-robin@orangecountyalanon.org

from *Al-Anon Information Service Office of Orange County Group Manual*, page 24
Article VII Standing Committees

Section 1

E. Round Robin/Fundraising and Telephone Coverage Chairperson/Chairperson(s)

This Committee shall:

1. Consist of at least one Service Board member, but no more than two Service Board members, acting as chairperson(s)
2. Be responsible for the arrangements of Orange County Round Robins – held every three months.
3. Ensure Service Office phone coverage for weekends and holidays
4. Maintain a record of hosting groups and District locations where Round Robins were held.
5. Submit to the Service Board for approval, fundraising ideas.
6. Be responsible for arranging approved fundraising events for the benefit of the Al-Anon Information Service of Orange County.
7. Carry out the responsibilities of this committee by enlisting Al-Anon members to help with those activities as needed.

From *Al-Anon Alateen Service Manual 2014-2017*, page 164

District Meetings

Various types of meetings may be held within a district to unite and inform local groups: meetings to hear progress reports of the Area World Service Committee, sharing sessions for discussion of district matters, round-robins or social evenings. At regular intervals, meetings scheduled and chaired by the DR are held to talk over such matters as:

- The need for local service committees such as Alateen, Public Outreach (Public Information, Cooperating with the Professional Community, and Institutions), a telephone answering service, or an Information Service. (Attention should be called to the respective Guidelines available from WSO.)
- Ways to familiarize groups, Information Services, and local service committees in the vicinity with Conference Approved Literature (CAL), with emphasis on specialized items available for teenagers, parents, men, and public outreach.
- Sharing with the fellowship worldwide by submitting articles or items of general interest to *The Forum*.
- Encouraging members to subscribe to *The Forum*, either singly or through bulk group orders. (When a group pays for multiple subscriptions, a small profit is realized on the sale of single copies at meetings.)
- The value of “Inside Al-Anon” as a sharing vehicle from the WSO to the groups.
- Raising money to support a telephone answering service or expand an existing one.
- Means of stimulating contributions from the groups in the district to Al-Anon’s World Service Office. (Our WSO informs the Delegate of all contributions from the groups in his Area; this information can be relayed by each DR so that GRs will know whether their groups have contributed.)

- Problems that arise when Al-Anon Traditions are disregarded or other concerns that groups and committees have presented for consideration.
- Workshops on Alateen, Public Outreach (Public Information, Cooperating with the Professional Community, and Institutions), Literature, or any other Al-Anon service.

Collections at district meetings are a practical way to raise money.

Process for Potluck Meetings

Two months prior to the event

- Group asks for volunteer to Chair
- Group determines theme
- Group authorizes budget (decorations, copying of flyers, plates/plastic ware)
- Group chooses date/time (potluck is held about an hour prior to meeting; meeting starts at regular time)
- Chair asks for volunteers for
 - Food & Drink
 - Decorations
 - Flyer/Publicity
 - Prize
 - Speaker

One month prior to the event

- Speaker volunteer provides speaker information
- Flyer/Publicity volunteer creates flyer, sends to Orange Blossom (deadline is 5th of month prior to publication) and makes copies for group members to circulate at other meetings. (30)
- Members take flyers to other meetings
- Food & Drink volunteer passes a food sign-up sheet at each meeting.
- All volunteers (Food & Drink, Decorations, Flyer/Publicity, Prize, Speaker) report progress to Chair of the event weekly.
- Chair reports progress at report time of meeting.

Day of the event

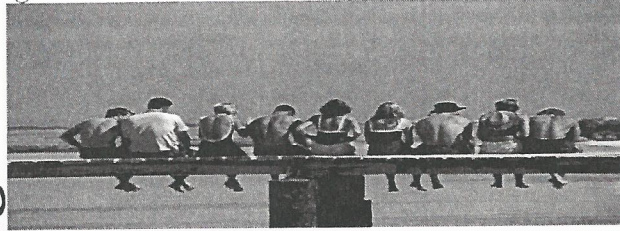
- All volunteers arrive early to set up and decorate.
- Chair (or designated person) welcomes everyone, provides directions, and keeps the event progressing.
- Enjoy the experience, strength and hope of all members.

If this is a Round Robin potluck, Treasurer sends the 7th Tradition donation to Al-Anon Central Office, 12391 Lewis Street, #102, Garden Grove, CA 92840

Potluck Meeting

Date	
Theme	
Chair	
Budget	
Food&Drink Volunteer(s)	
Decoration Volunteer(s)	
Prize Volunteer(s)	
Speaker Volunteer(s)	
Flyer/Publicity Volunteer(s)	

December 2015



OC/GLB Intergroup

Alateen update

(AMIAS = Al-Anon Member Involved in Alateen Service)

In order to be eligible for recertification on May 31, 2016 every AMIAS must attend one of the designated Area sponsored AMIAS Recertification Workshops. You must be in attendance for the entire workshop and participate in order to receive the Certification of Attendance. There is no registration fee. All workshops are FREE and open to ALL Al-Anon & Alateen members.

The AMIAS Recertification Workshops scheduled through May 2015 near/in Orange County:

<u>Date:</u>	<u>Time:</u>	<u>Host:</u>	<u>Contact:</u>	<u>Email to Register:</u>
1. Oct 10	10a-3p (lunch hr) 2015	66	Gordon A.	gordon.g.alexander@gmail.com
2. Feb 6	10am - 2 pm	63	Heidi S.	selleck1122@yahoo.com
3. Mar 5	9:30 am - 4 pm	OCIG	Brandi S. Sophia F.	bepeaceful@gmail.com courage2heal91@yahoo.com

New certification training 9:30 to 11:30- (1 Spanish Speaking Session / 1 English speaking Session)
Lunch at 11:30 served on site.

Recertification Workshops 12:00 to 4:00(1 Spanish Speaking Session / 1 English speaking Session)

*The district/group hosting the workshop will distribute flyers with location details.
Email the contact person to RSVP or ask any questions you may have.*

2015-2016 Workshop includes:
Travel & Treatment Authorization Form
Alateen Ecent Plan Form
Role of the Group/Event Sponsor
Dealing with Behavioral Problems
Dealing with Conflicts
Interacting with Parents
Alateens in Difficult Situations
Mandatory Reporting in California

Note: Any AMIAS who does not attend a Recertification Workshop through May 2016 will loose their certification effective May 1, 2015, and must begin the Certification Process as though he/she were applying for the first time. Alateen meetings without an appropriate certified Group Sponsor will be transferred to "inactive" status effective May 1, 2016.

SCWS Alateen Information: <http://www.scws-al-anon.org>. Click on "Alateen Sponsorship" tab on left side of home page.
Revised SCWS Area Alateen Safety & Behavioral Requirements (effective June 1, 2013)

Alateen was part of the Navigating Teen Challenges –at Temple Beth El this was a Resource fair for the Teens and their Parents to give them the knowledge of where to get assistance if needed.

Brandi has supplied literature to the counselor at the High School that is spearheading this idea, as she sees a need on campus and got in touch with us. The High School is in the process of setting up a Alateen Group meeting, the process has been started with WSO.

Alateen Events Coming Up:

Always available at the <http://www.scws-al-anon.org> website, Alateen's can get the password from their home meeting. Site is password protected for the protection of our Alateens.

Please remember that the safety of our children is our highest concern and so when producing flyers and announcing activities or events that involve the Alateen Groups, we need to make sure that they are cleared through the correct channels. Please reach out to a Board member if you have any questions.

Inventory of a Leader

Positive Qualities	Negative Qualities
Acceptance	Boring
Accountable	Bossy
Commitment	Unable to delegate
Compassionate	Chaotic
Competent	Close-minded
Confident	Complacent
Dedication	Condescending
Dependable	Controlling
Flexible	Critical
Good Listener	Defensive
Helpful	Demeaning
Honesty	Disorganized
Helpful	Domineering
Humility	Gossiper
Humor	Indecisive
Open-minded	Judgmental
Optimistic	Know-it-all
Organized	Lack of trust
Patient	Narrow-minded
Persistent	People pleaser
Prepared	Pushy
Reasonable	Rigid
Reliable	Sarcastic
Respectful	Self-centered
Risk-taker	Self-righteous
Self-respect	Slacker
Steadfast	Stubborn
Tolerant	Undependable
Trusting	
Trustworthy	
Willing	
Willing	
<i>(Table taken from Area Highlights, Spring 2006)</i>	

NOMINATIONS PROCEDURE
ORANGE COUNTY SERVICE BOARD

- A. Nominees for Chairman-Elect must have served one year (past or present) on the Service Board. Nominations will be made yearly at the Regular Intergroup Meeting in February.
- B. Each District (57, 60, 63, 66) should nominate a minimum of three nominees for the Service Board.
- C. Nominees for each District shall be nominated from the Al-Anon/Alateen group membership of the REGISTERED groups within each District of Orange County (57,60, 63, 66).
- D. Nominees should not be committed to a like capacity in any other Al-Anon service.
- E. Nominees should have served one year (past or present) in the capacity of Intergroup Representative.
- F. Nominees shall be contacted and accept the nomination before their name is submitted to the Nominations Chairman.
- G. Names of nominees should be forwarded to the Nominations Chairman or to the Orange County Office.
- H. Each nominee, Chairman-Elect included, shall submit a resume to the Nominations Chairman for publication in the Orange Blossom. The Resume shall contain only Al-Anon background information.
- I. The Nominations Chairman will present all nominees at the Regular Intergroup Meeting in February, at which time nominations will be closed.
- J. Flyers will be prepared and mailed 6 weeks prior to the (April) Annual Intergroup Meeting to each Intergroup Representative and will designate those nominees for the Home District to serve on the Service Board and the nominees for Chairman-Elect.
- K. All nominees should be present at the Regular Intergroup Meeting in February and at the Annual Intergroup Meeting in April.

Excerpts from By-Laws of
AL-ANON INFORMATION SERVICE OFFICE OF ORANGE COUNTY
(Accepted 8-19-76, Amended 4-19-78, 2-18-87, 2-21-90, 4-19-95, 08-18-99, 06-20-01
12-7-11)

Orange Blossom

SUBMISSION REQUIREMENTS

PLEASE ADD THIS TO YOUR MEETING'S BOOK

The Orange Blossom is a wonderful way to communicate and learn about Al-Anon in Orange County and the neighboring cities. It is a great tool to let people know about special events, Speaker meetings, contributions office stats and many other items important to Al-Anon. Take advantage of it. Use it, read it and publish your events in it. It is your Newsletter. Just follow the few simple guidelines below.

- All flyer submissions are to be in PDF format.
- We are in living color now so please take advantage of that. Make it in color!
- Remember that the largest flyer on a page would be about 3.5" x 5" when shrunk down to fit. Keep your font size one that will reduce and still be readable.
- Check your documents for errors in spelling and that it looks good .
- If you want to submit an event, with an Alateen, you need to contact the World Service Alateen Sponsor Coordinator via the World Service web site to make sure you have all the current rules place.
<http://www.scws-al-anon.org/contact.php>
- The deadline for submission is the 5th day of the month prior to the month of publication. Those events will also be added to the monthly online calendar. Events can be added to the web calendar after the deadline. Just contact the webmaster via the website.
<http://www.ocalanon.org>
- Please include your meetings registration number in the email. Only registered meetings and events are eligible for publication.
- Submissions should go to the Orange Blossom Editor via the contacts page at: <http://www.ocalanon.org>.

the appearance of a conflict of interest and safeguards Al-Anon's singleness of purpose. Accordingly, Al-Anon's policy is that members who are also members of A.A. do not serve as Group Representative (GR), District Representative (DR), Area Delegate, World Service Conference member, alternate to any of these service positions, or on any committee of the World Service Office.

Filling service positions is a matter of district and Area autonomy, within this policy and the spiritual principles that form its basis. Tradition Four grants autonomy to local service arms, except in matters affecting Al-Anon or A.A. as a whole. Al-Anon members who are also members of A.A. participate fully in all group activities, including group conscience decisions. However, they do not hold Al-Anon service positions that vote in matters affecting another group or Al-Anon or A.A. as a whole.

Participating in Al-Anon service is integral to recovery for every member. Step Twelve, carrying our message to others, is a very important part of Al-Anon service. Members of Al-Anon who are also members of A.A. are often in a position to carry our message to those who are not aware of the benefits of attending Al-Anon Family Groups. Members of Al-Anon who are also members of A.A. may serve Al-Anon in ways that include being an Alateen Group Sponsor (see "Alateen Policy") or they may be invited by local/Area service arms, the Board of Trustees, or the World Service Office to participate in projects, in keeping with the spirit of this policy.

This policy on service participation by members of Al-Anon who are also A.A. members protects Al-Anon's viability as a program dedicated to helping the families and friends of alcoholics. It ensures that Al-Anon's service structure represents the unique perspective of families and friends of alcoholics, recognizing that the alcoholic's perspective is represented in A.A.'s service structure. Members honor this policy out of respect for Al-Anon unity and the group conscience process, in accordance with Tradition One and Tradition Two.

other outside enterprise even if the name is associated with its location—e.g., the ___ Church AFG or the ___ Hospital AFG.

To help avoid confusion with other entities it is suggested that groups spell out their full name and include the letters AFG for Al-Anon Family Group.

The WSO will review proposed group names for adherence to Al-Anon principles. (See “Naming the Group” in “Groups at Work.”)

Assembly Representation

Each Al-Anon/Alateen group elects a Group Representative (GR). (See “World Service Handbook.”) Assembly Areas should encourage the attendance of Alateen GRs at district and Assembly meetings.

Multiple Group Membership and Office-Holding

Al-Anon members who attend several groups *regularly* and *participate fully* in all of them may consider themselves members of all those groups. Most members, however, consider one group their home group.

Membership entitles a person to vote and hold office. Whether members may hold office in more than one group is a matter of group autonomy, although it does deprive other members of the privilege of serving and growing. No member may, however, be Group Representative (GR) of more than one group at the same time.

Service Participation by Members of Al-Anon Family Groups Who Are also Members of Alcoholics Anonymous

Al-Anon Family Groups and Alcoholics Anonymous (A.A.) share a common spiritual legacy in A.A.’s Twelve Steps and Twelve Traditions. Before Al-Anon was founded, family groups met with and beside A.A. groups. In 1951, various family groups banded together and agreed to organize Al-Anon Family Groups, a program dedicated to helping the friends and families of alcoholics. Over the years, Al-Anon developed its own service structure, based on the model provided by A.A.’s experience and guided by the Twelve Traditions.

Tradition Five defines Al-Anon’s single purpose. Tradition Six encourages cooperation with Alcoholics Anonymous, maintaining that Al-Anon is a separate entity that ought never affiliate or create the appearance of affiliation with any outside enterprise. Putting these principles into practice maintains a separation between the service structures of Al-Anon and A.A. This separation helps avoid

continued on page 126

Group Problems

Any group or service arm within a Conference Area that fails to resolve its disputes or misunderstandings by application of the Traditions and Concepts of Service should seek guidance from its district or Area Assembly. If further guidance is needed, the matter can then be referred to the WSO or the respective national General Service Office (GSO). The WSO or GSO can only offer suggestions by relating the shared experiences of other groups or by providing the appropriate references in existing service material.

Meetings

Locating Meetings

Al-Anon and Alateen meeting information can be obtained by contacting Al-Anon Information Services listed in local telephone directories and on the WSO Web Site, www.al-anon.alateen.org. The WSO toll-free meeting line number, 1-888-4 AL-ANON (888-425-2666), is available between 8 a.m. and 6 p.m., Eastern Time.

A printed list of Al-Anon Information Services and offices worldwide is found in *Getting in Touch with Al-Anon/Alateen* (S-23). Many Areas and Information Services post meeting information on their local Web sites, which are listed on the WSO site. (See "Getting in Touch with Al-Anon/Alateen," and "World Directories of Al-Anon Family Groups.")

Open/Closed Meetings

Closed meetings are for all Al-Anon members, anyone whose personal life is or has been deeply affected by close contact with a problem drinker. Open meetings may be attended by anyone interested in Al-Anon/Alateen.

Introductory Meetings

Introductory meetings can be held at institutions, such as hospitals, treatment centers, and shelters, or any other location where families and friends of alcoholics gather. Attendance changes frequently. Such a meeting is not considered an Al-Anon group and does not have its own Group Representative. Experienced Al-Anon members share the responsibilities for conducting introductory meetings and for inviting those in attendance to try a regular Al-Anon/Alateen meeting. Al-Anon groups, directly or through

